

**What Makes The Difference?  
GOOD PRACTICE EXAMPLE**

**This example of good practice relates to criteria 2.11 of the National Leaving Care Standards contributing to ECM outcomes:**

- Be healthy
- Stay safe
- Enjoy and achieve
- Make a positive contribution
- Achieve economic well being

**Name(s) and region of agency/organisation in which this piece of work was developed**  
**Thurrock Leaving Care Team**

**Target group(s)**

- |  |  |
|--|--|
| <input type="checkbox"/> Disabled young people   | <input type="checkbox"/> Young people 19+ years    |
| <input type="checkbox"/> Young people with mental health needs                         | <input type="checkbox"/> Girls only                |
| <input checked="" type="checkbox"/> Unaccompanied asylum seeking children (UASC)       | <input type="checkbox"/> Boys only                 |
| <input type="checkbox"/> Young people from black and minority ethnic groups            | <input type="checkbox"/> Young people as trainers  |
| <input type="checkbox"/> Young people not in education, training and employment (NEET) | <input type="checkbox"/> Senior management         |
| <input checked="" type="checkbox"/> Older looked after children 15+                    | <input type="checkbox"/> Young people leaving care |
| <input type="checkbox"/> Foster carers   | <input type="checkbox"/> Researchers/evaluators    |
| <input type="checkbox"/> Girls and boys  | <input type="checkbox"/> Trainers                  |
| <input type="checkbox"/> Young people involved as researchers                          |  |
| <input type="checkbox"/> Service managers  |  |
| <input type="checkbox"/> Executive and lead members/councillors                        |  |
| <input type="checkbox"/> Lead professionals (social workers/personal advisors)         |  |
| <input type="checkbox"/> Other support/care workers                                    |  |
| <input type="checkbox"/> Parents   |  |
| <input type="checkbox"/> Youth workers   |  |
| <input type="checkbox"/> Information workers   |  |
| <input type="checkbox"/> Young people in custody                                       |  |
| <input type="checkbox"/> Young parents   |  |
| <input checked="" type="checkbox"/> Young people 16+                                   |  |
| <input type="checkbox"/> Young people involved in services(SUI)                        |  |
| <input type="checkbox"/> Others (please specify)                                       |  |

<p><b>Purpose and intended outcomes of this work:</b></p> <p><b>Health and leisure opportunities enhanced. Particular focus on teenage pregnancy; LAC nurse; Sexual health worker based in leaving care team.</b></p>	
<p><b>Description of what was carried out in this piece of work (the intervention/s)</b></p> <p>Sexual health worker based in leaving care team - who does teenage pregnancy work; health assessments; runs a "Life Choice" group linked to Duke of Edinburgh award; writes the health section of pathway plans; does joint visits with social workers and gives contraceptive advice and other health advice. She also dispenses contraceptives, including emergency contraception.</p>	
<p><b>Service structures and processes that were set up (e.g. posts, partnership groups etc)</b></p>	<p>Sexual Health nurse in team was initially a 2 year initiative part funded by health and social care, but the outcomes have been so good that the PCT agreed to fund the whole post. The worker remains based in the leaving care team.</p> <p>Teenage pregnancy rates have gone down from 60% to 20% in 2 years for care leavers.</p>
<p><b>Type of agency/organisation in which this work was developed</b></p>	<p><input checked="" type="checkbox"/> Local authority department - unitary</p> <p><input type="checkbox"/> Local authority department - metropolitan</p> <p><input type="checkbox"/> Local authority department - borough council</p> <p><input type="checkbox"/> Local authority department - county (shire) council</p> <p><input type="checkbox"/> Local authority department - city council</p> <p><input type="checkbox"/> Local authority department - London borough</p> <p><input type="checkbox"/> Voluntary organisation</p> <p><input type="checkbox"/> Multi-agency (please specify agencies involved)</p> <p><input checked="" type="checkbox"/> Health agency (e.g. PCT, NHS Trust)</p> <p><input type="checkbox"/> Education agency</p> <p><input type="checkbox"/> Youth justice agency</p> <p><input type="checkbox"/> Youth service</p> <p><input type="checkbox"/> Other (please specify)</p>
<p><b>Region where work was developed</b></p>	<p><input type="checkbox"/> National (please specify UK nation i.e. England, Scotland, Wales, N. Ireland)</p>

	<input type="checkbox"/> NW England <input type="checkbox"/> NE England <input type="checkbox"/> SW England <input checked="" type="checkbox"/> SE England <input type="checkbox"/> London <input type="checkbox"/> East Midlands <input type="checkbox"/> West Midlands
<b>Name(s) of tools/resources developed as part of this work</b>	Health worker uses pathway plan materials but otherwise uses health recording systems (kept in the office but confidential from leaving care staff). The nurse uses dolls (virtual baby programme).

<b>In what sense is this 'good practice'? The evidence</b>	
<b>Underlying evidence used to develop the interventions in this piece of work</b>	<input type="checkbox"/> None - new exploratory/developmental <input type="checkbox"/> Not known <input type="checkbox"/> Practitioner knowledge/experience only <input type="checkbox"/> Published research evidence <input checked="" type="checkbox"/> Local research / evaluation
<b>Source of evidence available to show the impact of the interventions used in this work</b>  <b>What this evidence/information suggests</b>	<input type="checkbox"/> Independent evaluation <input checked="" type="checkbox"/> Internal / self-evaluation <input type="checkbox"/> Anecdotal / impressions <input type="checkbox"/> None <input type="checkbox"/> Not known  <input checked="" type="checkbox"/> Positive impact (if any) <input type="checkbox"/> Negative impact (if any) <input type="checkbox"/> Other impact <input type="checkbox"/> Not known
<b>Type of evidence about the 'process' of delivering the interventions used in this work</b>	<input checked="" type="checkbox"/> Positive impact (if any)  <input type="checkbox"/> Negative impact (if any)  <input type="checkbox"/> Other impact  <input type="checkbox"/> Not known

<b>Feedback/evaluation report available on this site?</b>	<input type="checkbox"/> Yes, <b><u>click here</u></b> to view <input checked="" type="checkbox"/> No
<b>Contact details for further information about this piece of work and the evidence of its impact</b>	Diana Cattermole Tel: 01375 413730 Email: <a href="mailto:dcattermole@thurrock.gov.uk">dcattermole@thurrock.gov.uk</a>