

**What Makes The Difference?
GOOD PRACTICE EXAMPLE**

This example of good practice relates to criteria 2.5 of the National Leaving Care Standards contributing to ECM outcomes:

- Be healthy
- Stay safe
- Enjoy and achieve
- Make a positive contribution
- Achieve economic well being

Name(s) and region of agency/organisation in which this piece of work was developed
Tower Hamlets Leaving Care Service

Target group(s)

- | | |
|---|---|
| <input type="checkbox"/> Disabled young people | <input type="checkbox"/> Young people 19+ years |
| <input checked="" type="checkbox"/> Young people with mental health needs | <input type="checkbox"/> Girls only |
| <input type="checkbox"/> Unaccompanied asylum seeking children (UASC) | <input type="checkbox"/> Boys only |
| <input type="checkbox"/> Young people from black and minority ethnic groups | <input type="checkbox"/> Young people as trainers |
| <input type="checkbox"/> Young people not in education, training and employment (NEET) | <input type="checkbox"/> Senior management |
| <input checked="" type="checkbox"/> Older looked after children 15+ | <input checked="" type="checkbox"/> Young people leaving care |
| <input type="checkbox"/> Foster carers | <input type="checkbox"/> Researchers/evaluators |
| <input type="checkbox"/> Girls and boys | <input type="checkbox"/> Trainers |
| <input type="checkbox"/> Young people involved as researchers | |
| <input type="checkbox"/> Service managers | |
| <input type="checkbox"/> Executive and lead members/councillors | |
| <input checked="" type="checkbox"/> Lead professionals (social workers/personal advisors) | |
| <input type="checkbox"/> Other support/care workers | |
| <input type="checkbox"/> Parents | |
| <input type="checkbox"/> Youth workers | |
| <input type="checkbox"/> Information workers | |
| <input type="checkbox"/> Young people in custody | |
| <input type="checkbox"/> Young parents | |
| <input type="checkbox"/> Young people 16+ | |
| <input type="checkbox"/> Young people involved in services(SUI) | |
| <input type="checkbox"/> Others (please specify) | |

<p>Purpose and intended outcomes of this work</p> <p>For young people and staff to have access to mental health information and support at the Leaving care service and to make the referrals process to mental health services more user friendly and accessible.</p>	
<p>Description of what was carried out in this piece of work (the intervention/s)</p> <p>There is an in house counselling service run in partnership with local colleges and the CAMHS service, so young people can access counselling at the service. Staff from Help4U (Children Looked After - CAMHS provision) work with young people individually and in groups. Help4U also provide consultation to individual members of staff around case issues and regularly attend staff meetings and facilitate reflective practice sessions for staff.</p>	
<p>Service structures and processes that were set up (e.g. posts, partnership groups etc)</p>	<p>Partnership agreements have been developed with local colleges and Help4U to provide a counselling service. Placements are provided for students in the final year of their Counselling courses. Students receive clinical supervision via CAMHS.</p>
<p>Type of agency/organisation in which this work was developed</p>	<p> <input type="checkbox"/> Local authority department - unitary <input type="checkbox"/> Local authority department - metropolitan <input type="checkbox"/> Local authority department - borough council <input type="checkbox"/> Local authority department - county (shire) council <input type="checkbox"/> Local authority department - city council <input checked="" type="checkbox"/> Local authority department - London borough <input type="checkbox"/> Voluntary organisation <input type="checkbox"/> Multi-agency (please specify agencies involved) <input type="checkbox"/> Health agency (e.g. PCT, NHS Trust) <input type="checkbox"/> Education agency <input type="checkbox"/> Youth justice agency <input type="checkbox"/> Youth service </p>

	<input type="checkbox"/> Other (please specify)
Region where work was developed	<input type="checkbox"/> National (please specify UK nation i.e. England, Scotland, Wales, N. Ireland) <input type="checkbox"/> NW England <input type="checkbox"/> NE England <input type="checkbox"/> SW England <input type="checkbox"/> SE England <input checked="" type="checkbox"/> London <input type="checkbox"/> East Midlands <input type="checkbox"/> West Midlands
Name(s) of tools/resources developed as part of this work	

In what sense is this 'good practice'? The evidence	
<i>Underlying evidence used to develop the interventions in this piece of work</i>	<input type="checkbox"/> None - new exploratory/developmental <input type="checkbox"/> Not known <input checked="" type="checkbox"/> Practitioner knowledge/experience only <input type="checkbox"/> Published research evidence <input type="checkbox"/> Local research / evaluation
<i>Source of evidence available to show the impact of the interventions used in this work</i>	<input type="checkbox"/> Independent evaluation <input type="checkbox"/> Internal / self-evaluation <input checked="" type="checkbox"/> Anecdotal / impressions <input type="checkbox"/> None <input type="checkbox"/> Not known
<i>What this evidence/information suggests</i>	<input checked="" type="checkbox"/> Positive impact (if any) <input type="checkbox"/> Negative impact (if any) <input type="checkbox"/> Other impact <input type="checkbox"/> Not known

<p>Type of evidence about the 'process' of delivering the interventions used in this work</p>	<p><input checked="" type="checkbox"/> Positive impact (if any)</p> <p><input type="checkbox"/> Negative impact (if any)</p> <p><input type="checkbox"/> Other impact</p> <p><input type="checkbox"/> Not known</p>
<p>Feedback/evaluation report available on this site?</p>	<p><input type="checkbox"/> Yes, click here to view</p> <p><input type="checkbox"/> No</p>
<p>Contact details for further information about this piece of work and the evidence of its impact</p>	<p>Name: Lorraine Marshall</p> <p>Address: Leaving Care Service, Kitcat Terrace, Bow, London, E3 2SA</p> <p>Tel: 0207 364 2240</p> <p>Email: Lorraine.Marshall@towerhamlets.gov.uk</p> <p>Fax:</p> <p>Mob:</p>