

**What Makes The Difference?
GOOD PRACTICE EXAMPLE**

This example of good practice relates to criteria of the National Leaving Care Standards contributing to ECM outcomes:

- Be healthy
- Stay safe
- Enjoy and achieve
- Make a positive contribution
- Achieve economic well being

Name(s) and region of agency/organisation in which this piece of work was developed:
Birmingham Leaving Care Service.

Target group(s)

- | | |
|--|--|
| <input checked="" type="checkbox"/> Disabled young people | <input type="checkbox"/> Young people 19+ years |
| <input type="checkbox"/> Young people with mental health needs | <input type="checkbox"/> Girls only |
| <input type="checkbox"/> Unaccompanied asylum seeking children (UASC) | <input type="checkbox"/> Boys only |
| <input type="checkbox"/> Young people from black and minority ethnic groups | <input type="checkbox"/> Young people as trainers |
| <input type="checkbox"/> Young people not in education, training and employment (NEET) | <input type="checkbox"/> Senior management |
| <input checked="" type="checkbox"/> Older looked after children 15+ | <input type="checkbox"/> Young people leaving care |
| <input type="checkbox"/> Foster carers | <input type="checkbox"/> Researchers/evaluators |
| <input type="checkbox"/> Girls and boys | <input type="checkbox"/> Trainers |
| <input type="checkbox"/> Young people involved as researchers | |
| <input type="checkbox"/> Service managers | |
| <input type="checkbox"/> Executive and lead members/councillors | |
| <input type="checkbox"/> Lead professionals (social workers/personal advisors) | |
| <input type="checkbox"/> Other support/care workers | |
| <input type="checkbox"/> Parents | |
| <input type="checkbox"/> Youth workers | |
| <input type="checkbox"/> Information workers | |
| <input type="checkbox"/> Young people in custody | |
| <input type="checkbox"/> Young parents | |
| <input type="checkbox"/> Young people 16+ | |
| <input type="checkbox"/> Young people involved in services(SUI) | |
| <input type="checkbox"/> Others (please specify) | |

<p>Purpose and intended outcomes of this work</p> <p>To provide young people with information so they can make informed choices about health and to help prepare them for adult life.</p>	
<p>Description of what was carried out in this piece of work (the intervention/s)</p> <p>1-8 hour long sessions on sexual health and preparation for independence, facilitated by trained peer educators, run for groups of young people aged 11-16, in children's homes. Peer educators undertake accredited training for this role. Sessions cover areas such as: healthy eating, risk taking, loneliness, sexual health, social skills, parenting and discrimination. Participants decide what areas they want to cover.</p>	
<p>Service structures and processes that were set up (e.g. posts, partnership groups etc)</p>	<p>The sexual health Project, Hersex, was originally funded as part of the teenage pregnancy strategy in Birmingham. The preparation for independence project was later introduced and is now mainstream funded through the 16+ service. Payments and costs for accreditation come from the Section 24 budget. A full time worker from the 16+ team currently co-ordinates the projects.</p>
<p>Type of agency/organisation in which this work was developed</p>	<p><input type="checkbox"/> Local authority department - unitary</p> <p><input type="checkbox"/> Local authority department - metropolitan</p> <p><input type="checkbox"/> Local authority department - borough council</p> <p><input type="checkbox"/> Local authority department - county (shire) council</p> <p><input checked="" type="checkbox"/> Local authority department - city council</p> <p><input type="checkbox"/> Local authority department - London borough</p> <p><input type="checkbox"/> Voluntary organisation</p> <p><input type="checkbox"/> Multi-agency (please specify agencies involved)</p> <p><input type="checkbox"/> Health agency (e.g. PCT, NHS Trust)</p> <p><input type="checkbox"/> Education agency</p> <p><input type="checkbox"/> Youth justice agency</p> <p><input type="checkbox"/> Youth service</p> <p><input type="checkbox"/> Other (please specify)</p>
<p>Region where work was developed</p>	<p><input type="checkbox"/> National (please specify UK nation i.e. England, Scotland, Wales, N. Ireland)</p>

	<input type="checkbox"/> NW England <input type="checkbox"/> NE England <input type="checkbox"/> SW England <input type="checkbox"/> SE England <input type="checkbox"/> London <input type="checkbox"/> East Midlands <input checked="" type="checkbox"/> West Midlands
Name(s) of tools/resources developed as part of this work	Unknown.

In what sense is this 'good practice'? The evidence	
Underlying evidence used to develop the interventions in this piece of work	<input type="checkbox"/> None - new exploratory/developmental <input type="checkbox"/> Not known <input type="checkbox"/> Practitioner knowledge/experience only <input type="checkbox"/> Published research evidence <input checked="" type="checkbox"/> Local research / evaluation
Source of evidence available to show the <i>impact</i> of the interventions used in this work	<input checked="" type="checkbox"/> Independent evaluation <input checked="" type="checkbox"/> Internal / self-evaluation <input type="checkbox"/> Anecdotal / impressions <input type="checkbox"/> None <input type="checkbox"/> Not known
What this evidence/information suggests	<input checked="" type="checkbox"/> Positive impact (if any) <input type="checkbox"/> Negative impact (if any) <input type="checkbox"/> Other impact <input type="checkbox"/> Not known
Type of evidence about the 'process' of delivering the interventions used in	<input checked="" type="checkbox"/> Positive impact (if any) 2002 Hearsex project won community care award. 2005 Both projects won Wave Makers award (charity which encourages empowerment).

<p>this work</p>	<p>2005 Both projects short listed for DH regional award for health.</p> <p><input type="checkbox"/> Negative impact (if any)</p> <p><input type="checkbox"/> Other impact</p> <p><input type="checkbox"/> Not known</p>
<p>Feedback/evaluation report available on this site?</p>	<p><input type="checkbox"/> Yes, click here to view</p> <p><input checked="" type="checkbox"/> No</p>
<p>Contact details for further information about this piece of work and the evidence of its impact</p>	<p>Karen Jones, 16+ Team, Eve Brook House, 15 Acorn Grove, Ladywood, Birmingham, B1 2PL. Tel: 0121 464 1229. Email: Karen.W.Jones@birmingham.gov.uk Fax: 0121 464 1208.</p>